

June 2018

Syracuse City School District

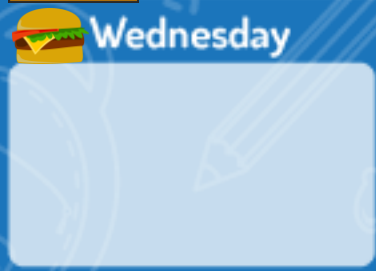


Students **MUST** select one entrée with a side of fruit or vegetables each day for lunch, but may take all side items offered.



Meals Available Daily:
PBJ w/Cheese Stick w/Side
Cheese Sandwich w/Side
Fruit & Yogurt Parfait w/Granola (MS/HS)
Turkey Deli Sandwich w/Celery Sticks (HS)
Fresh Express (HS)

Sides Available Daily:
Fresh Fruit
Salad of the Day
1% or Skim White Milk, or Fat-Free Chocolate Served Daily w/Meals



Buffalo Chicken Pizza **4**
OR Cheese Pizza
Sides:
Celery w/Ranch
Fruit Cocktail
Fresh Express HS: Chicken Caesar Salad w/Roll

Beef Quesadilla **5**
w/Peppers, Onions & Salsa
Sides:
Pinto Beans
Pineapple Tidbits
Fresh Express HS: Antipasto Salad w/Roll

Classic Burger **6**
w/Lettuce & Tomato
Sides:
Carrot Coins
Diced Pears
Fresh Express HS: Mid East Salad Plate w/Pita Pocket

Veggie Egg Roll **7**
w/Fried Rice
Sides:
Confetti Corn
Strawberry Cup
Fresh Express HS: Antipasto Salad w/Roll

MEGA Crispy Chicken Leg **1**
w/Corn Muffin
OR Chicken Sandwich
Sides:
Cowboy Beans
Diced Peaches
Fresh Express HS: Chicken Caesar Salad w/Roll

Pepperoni Pizza **11**
OR Cheese Pizza
Sides:
Vegetable of the Day
Fruit Cocktail
Fresh Express HS: Chicken Caesar Salad w/Roll

Mexican Meatballs **12**
w/Rice & Beans
Sides:
Broccoli
Pineapple Tidbits
Fresh Express HS: Antipasto Salad w/Roll

Cheeseburger OR Classic Burger **13**
w/Lettuce & Tomato
Sides:
Potato Wedges
Diced Pears
Fresh Express HS: Mid East Salad Plate w/Pita Pocket

Toasted Cheese Sandwich **14**
Sides:
Chunky Tomato Soup
Diced Pears
Fresh Express HS: Antipasto Salad w/Roll

BBQ Turkey Sandwich **15**
OR Chicken Sandwich
Sides:
Carrot Coins
Diced Peaches
Fresh Express HS: Chicken Caesar Salad w/Roll

Garlic Cheese Pizza w/Sauce **18**
OR Cheese Pizza
Sides:
Broccoli
Fruit Cocktail
Fresh Express HS: Chicken Caesar Salad w/Roll

Turkey Taco Bowl **19**
w/Lettuce, Tomato & Cheese
Sides:
Vegetarian Refried Beans
Pineapple Tidbits
Fresh Express HS: Antipasto Salad w/Roll

Bacon Burger OR Classic Burger **20**
w/Lettuce & Tomato
Sides:
Green Beans
Diced Pears
Fresh Express HS: Mid East Salad Plate w/Pita Pocket

CHEFS CHOICE **21**
LAST DAY OF SCHOOL

NO SCHOOL **22**
SUPERINTENDENT'S
CONFERENCE DAY

NO SCHOOL **25**
SUMMER VACATION

NO SCHOOL **26**
SUMMER VACATION

Text **"FOOD"** to **877-877** **27**
to find a summer
feeding
site near you!

NO SCHOOL **28**
SUMMER VACATION

NO SCHOOL **29**
SUMMER VACATION

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.