



Students **MUST** select one entrée with a side of fruit or vegetables each day for lunch, but may take all side items offered.



Meals Available Daily:
 PBJ w/Cheese Stick w/Side
 Cheese Sandwich w/Side
 Fruit & Yogurt Parfait w/Granola (MS/HS)
 Turkey Deli Sandwich w/Celery Sticks (HS)
 Fresh Express (HS)

Additional Sides Available Daily:
 Fresh Fruit
 Salad of the Day

1% or Skim White Milk, or Fat-Free Chocolate Served Daily w/Meals

Monday

Tuesday

Wednesday

Thursday

Friday



Bacon Burger OR Classic Burger 1
 w/Lettuce & Tomato
Offered Sides:
 Green Beans
 Diced Pears
Fresh Express HS: Mid East Salad
 Plate w/Pita Pocket

Cheesy Chili Potato 2
 w/Pita Chips
Offered Sides:
 Pineapple Tidbits
 Tomatoes & Broccoli
 Vegetarian Refried Beans
Fresh Express HS: Antipasto Salad
 w/Roll

Chicken Fajitas w/Salsa OR Chicken Sandwich 3
Offered Sides:
 Peppers & Onions
 Diced Peaches
Fresh Express HS: Chicken Caesar
 Salad w/Roll

Pepper & Onions Pizza OR Cheese Pizza 6
Offered Sides:
 Broccoli
 Fruit Cocktail
Fresh Express HS: Chicken Caesar
 Salad w/Roll

NO SCHOOL SUPERINTENDENT CONFERENCE DAY 7

Garden Burger OR Classic Burger 8
 w/Lettuce & Tomato
Offered Sides:
 Corn on the Cob
 Diced Pears
Fresh Express HS: Mid East Salad
 Plate w/Pita Pocket

Toasted Cheese Sandwich 9
 Red White and Blue Cookie
Offered Sides:
 Chunky Tomato Soup
 Strawberry Cup
Fresh Express HS: Antipasto Salad
 w/Roll



Breakfast Pizza OR Cheese Pizza 13
Offered Sides:
 Vegetable of the Day
 Fruit Cocktail
Fresh Express HS: Chicken Caesar
 Salad w/Roll

HALF DAY OF SCHOOL BAGGED LUNCHES AVAILABLE 14

Turkey Burger OR Classic Burger 15
 w/Lettuce & Tomato
Offered Sides:
 Cowboy Beans
 Diced Pears
Fresh Express HS: Mid East Salad
 Plate w/Pita Pocket

Macaroni & Cheese 16
Offered Sides:
 Cauliflower
 Strawberry Cup
Fresh Express HS: Antipasto Salad
 w/Roll

MEGA Crispy Chicken Leg 17
 w/Rice
OR Chicken Sandwich
Offered Sides:
 Potato Wedges
 Diced Peaches
Fresh Express HS: Chicken Caesar
 Salad w/Roll

Buffalo Chicken Pizza OR Cheese Pizza 20
Offered Sides:
 Celery w/Ranch
 Fruit Cocktail
Fresh Express HS: Chicken Caesar
 Salad w/Roll

Thanksgiving Turkey Gravy 21
 Over Stuffing w/Cranberry Sauce
Offered Sides:
 Mashed Potatoes
 Apple Crisp
Fresh Express HS: Antipasto Salad
 w/Roll

NO SCHOOL THANKSGIVING RECESS 22

NO SCHOOL THANKSGIVING RECESS 23

NO SCHOOL THANKSGIVING RECESS 24

Pepperoni Pizza OR Cheese Pizza 27
Offered Sides:
 Green Peas
 Fruit Cocktail
Fresh Express HS: Chicken Caesar
 Salad w/Roll

Orange Chicken 28
 w/Fried Rice
Offered Sides:
 Broccoli
 Pineapple Tidbits
Fresh Express HS: Antipasto Salad
 w/Roll

Cheddar Ranch Burger OR Classic Burger 29
 w/Lettuce & Tomato
Offered Sides:
 Baked Beans
 Diced Pears
Fresh Express HS: Mid East Salad
 Plate w/Pita Pocket

Three Cheese Lasagna 30
 w/Dinner Roll
Offered Sides:
 Chipotle Carrot Coins
 Strawberry Cup
Fresh Express HS: Antipasto Salad
 w/Roll

